## HAIR TRANSPLANT IN IRAN: ALL YOU NEED TO KNOW

No one can deny the inseparable relation between hair, beauty, and self-confidence. Your hair may start to fall for a variety of reasons as you get older, impacting your beauty and, in turn, your self-confidence. So, if you're looking for an **affordable solution to your hair loss**, here is a clear-cut path to getting your hair back again! And that's **hair transplant in Iran**.

### WHAT IS HAIR TRANSPLANT?

Hair transplant or hair restoration surgery is an effective treatment for alopecia (the problem of hair loss). It involves two parts:

- **Removing** hair-bearing tissues or hair grafts from one part of the scalp (donor zone)
- **Relocating** them to another part (recipient zone)

Donor zone refers to the area of the scalp, usually the back of the scalp, that has more hair with higher sustainability. Recipient zone refers to the balding part of the scalp that needs to grow hair. Hair loss or receding hairline mainly results from pattern baldness. Other factors like diet, stress, hormone, and disease contribute little to the hair loss.

## WHY IS IRAN A GOOD DESTINATION FOR HAIR TRANSPLANT?

Hair transplant surgery is a common cosmetic procedure in Iran.

With highly-experienced surgeons and modern hair transplant clinics, Iran offers foreign candidates a very safe experience of hair transplant.

The **low cost of hair transplant** in Iran serves as another motive, enticing candidates from all over the world to choose Iran as their destination. As is the case with lots of other cosmetic surgeries, the cost of hair transplant in Iran compared to other countries is considerably more reasonable.

Plus, the results of hair restoration surgery in Iran are reported to bring a very high level of safety and satisfaction for patients. A study on the success rate of hair transplant in Iran indicates that this surgery offers a high rate of success with the least possible side effects. The study reveals that the satisfaction level of the transplanted hairline in 60% of patients was excellent and in 40% was good. So, it would be fair if we claim that Iran is a highly successful country in providing quality hair transplant services.

## HAIR TRANSPLANT SURGEONS IN IRAN

Just like other cosmetic/medical procedures, Iran's becoming a household name in hair transplant. The country embraces a society of highly-skilled and board-certified surgeons in this field. Having graduated from top-rated universities, Iranian surgeons have completed their fellowships in hair transplant in Europe and the United States.

Studies show that in Iran three out of five men go bald before the age of 50. Accordingly, the number of candidates and those who undergo this surgery is on the rise. The more procedures surgeons perform, the better their surgery results are. As a result, this has brought more proficiency for Iranian surgeons in this field. These surgeons are, hence, able to anticipate all the complications that may arise before the surgery. And, this would guarantee the patient's treatment success.

#### HAIR TRANSPLANT COST IN IRAN

The cost of a hair transplant in Iran is one of the lowest, if not the lowest, in the world among countries offering high-quality procedures as well as other medical tourism services. A **hair transplant** costs from **\$1200** to **\$2500** in Iran, including all the related fees such as doctor's visit, anesthesia, surgery fee, and the rest. However, the same procedure in the United States and Europe costs much higher, from \$4,000 to \$16,000.

Iran beats other Asian countries like Turkey, India, and Thailand in terms of price, as it offers more affordable prices in hair restoration surgery. A hair replacement operation in Turkey costs around \$3,000, and the same procedure costs around \$3,000 in India and Thailand.

HOW IS HAIR TRANSPLANT PERFORMED IN IRAN?

Hair transplant in Iran is **more advanced than ever**, and surgeons do their best to help you get through it easily. Iranian hair transplant surgeons adopt the latest methods and technologies to help you get through it easily. The surgery is performed in a modern clinic under local anesthesia. The procedure takes about 8 hours, while the healing process takes at most 3-4 days. The first hints of your treatment would be visible after around 4 months, while the full results would be apparent after 8-12 months. Moreover, Iran is a country **offering all the techniques** of hair loss treatment available in the world. There are **four main techniques** for performing this surgery. They include Follicular Isolation Technique (FIT), Follicular Unit Extraction (FUE), Follicular Unit Transplantation (FUT) also known as FUSS, and a combination of FIT and FUT. The latter is used in patients with extensive baldness, as in this method, more grafts are implanted on the scalp compared to other techniques. Read more about <u>hair transplant techniques</u>.

#### HAIR TRANSPLANT RECOVERY: WHAT TO EXPECT?

After your hair transplantation procedure is finished, you can go home right away. In general, you need to stay around 2 to 3 days in Iran to get your procedure done and be ready to leave the country.

In the first few days after the surgery, your scalp may be sore and tender. You can take pain medications according to your doctor's instructions. You may also experience numbness and swelling in the treated area, which will disappear in a matter of days.

You will wear a bandage on the transplantation site for about 3 days. After that, you can have it removed while noticing that the side effects are going away.

After around 3 to 5 days, you're ready to resume your work and you can go back to exercising within 2 weeks.

Tips to follow after hair transplant

At AriaMedTour, we've been able to provide our hair transplant patients with the utmost care and effective treatment. Our services not only include

pre-op attention, but also will help you have a short and hassle-free recovery. However, here we provide with some of the most important tips you should consider during your recovery:

- Rest for a day after your hair restoration procedure.
- For 3 nights, sleep with your head elevated and do not let it rub against your pillow.
- Do not take aspirin or any other medications without your doctor's approval.
- For 2 weeks, do not expose your head to any dirt or bacteria.
- Wash your head after 3 days, but remember that you should be gentle with the treated areas.
- Stay away from alcohol and smoking before and after the surgery, as they may negatively affect your healing.

## HAIR TRANSPLANT FOR WOMEN

Unlike what is expected by most people, women are, of course, candidates for hair transplant. According to the American Association of Dermatologists, hair loss for women is common. Women usually deal with two types of hair loss. One is **receded hairline** and the other is **female pattern baldness**. The former occurs in both men and women and can be treated with <a href="hairline lowering">hairline lowering</a>. In this case, the surgeon transplants hair from hair bank to the front of patients' hair.

When hair loss pattern is not distinct and there's a thinning/balding in all areas of the head, it may be due to female pattern baldness. A hair transplant may not always be appropriate for women, and other methods like <a href="Platelet Rich Plasma">Platelet Rich Plasma</a> (PRP) and mesotherapy will do a far better job. PRP involves injecting rich platelets into the recipient area, after centrifuging the patient's own blood for about 10 minutes. This stimulates hair follicles, thickens thin hair, increases hair volume, and promotes new hair growth. Mesotherapy is another method which triggers hair growth through injecting nutrients' boosters into the scalp.

# FACIAL HAIR TRANSPLANT IN IRAN (BEARD TRANSPLANT)

Today, there is a significant increase in the number of men who choose a beard or mustache transplant. They seek beard or mustache transplant to restore hair in areas of the face with no or thin hair. Facial hair transplant procedure is similar to a regular hair restoration surgery. **Both FUT and FUE techniques can be applied** in beard or mustache transplant. The procedure requires great preciseness because hair grafts need to be transplanted with

the right growth direction so that the results look more natural and less artificial. To learn more about this procedure, go to <u>beard transplant in Iran</u> (facial hair transplant).

#### **EYEBROW TRANSPLANT IN IRAN**

Natural eyebrows are one of the most prominent elements of facial beauty. Many choose to have eyebrow transplant, or eyebrow hair restoration, to have natural-looking and permanent eyebrows. People seek eyebrow transplant for many reasons, including their eyebrows being over-plucked, burned, or affected by scarring or genetics.

Eyebrow transplantation is widely performed in Iran using both FIT and FUT methods. The donor hair can be harvested from any area on the body. But in most cases, it is taken from the head. The surgery is done under local anesthesia, and there is no scar left after the surgery. The recovery after eyebrow restoration surgery is fast, and the result is permanent.

Every year, a great number of people choose to undergo an eyebrow transplant in Iran. Affordability, top-rated clinics, and expert specialists are some of the main factors that come to play when considering why eyebrow transplant in Iran is gaining popularity.

Iranian specialists employ the latest medical techniques and adopt artistic approaches when performing the delicate procedure of eyebrow transplant. To maintain their competition, Iranian eyebrow transplant clinics are also fully equipped with the most recent technologies used in developed countries.

### Eyebrow transplant cost in Iran

Eyebrow transplant cost in Iran starts from \$800, which is by far lower than other countries in the region like Turkey or India. The affordable cost, however, does not affect the quality of the treatment. With thousands of eyebrow transplant procedures performed in Iran each year, Iranian specialists are highly experienced in this area. They take your expectations into consideration and use their experience as a tool to shape your eyebrows like an artist.

In order to achieve the best outcome for your eyebrow transplant, you only need to direct all your attention to the procedure itself. By knowing that your trip is thoroughly planned by our team, you will have greater peace of mind about your medical tourism journey. Contact us to get a free consultation and learn more about our hair transplantation services.