

# **PLASTIC SURGERY IN IRAN: ALL YOU NEED TO KNOW**

Plastic surgery, or cosmetic surgery to be more specific, is a well-developed field of medicine in Iran thanks to the high popularity of cosmetic procedures among Iranian people. Iran is becoming a popular destination for people looking for quality and affordable plastic surgery procedures.

Cosmetic surgery industry in Iran is fed by the growing beauty trend in the country. The demand for different types of cosmetic surgery in Iran has increased dramatically during the last decades, creating a breeding ground for highly-skilled plastic surgery specialists.

In this article, we are going to shed some light on plastic surgery in Iran, but before that, let's have a look at the plastic surgery definition and its scope.

## **WHAT IS PLASTIC SURGERY?**

Originating from the ancient Greek word 'plastikos', meaning 'to mold or give form', plastic surgery is a surgical specialty dealing with the improvement of the appearance and reconstruction of body tissues in order to give a person a more attractive appearance.

Although the broad category of plastic surgery includes reconstructive surgery aimed at addressing congenital, acquired, and traumatic problems as well as burns reconstruction, it is usually associated with cosmetic procedures focused on enhancing the appearance of people willing to have better looks. Aesthetic appeal, symmetry, and proportion are the major objectives of plastic cosmetic surgery.

The below-mentioned procedures are the most commonly performed cosmetic procedures that fall within the scope of plastic surgery:

- Facial procedures: rhinoplasty, chin and cheek enhancement, eyelid surgery, forehead contouring, facelift, neck lift, etc.
- Breast enhancement: breast augmentation, lift, reduction
- Body contouring procedures: tummy tuck, liposuction, gynecomastia surgery, arm and thigh lift, buttock enhancement (butt lift and BBL), etc.

Some of the plastic surgery procedures worth mentioning in terms of the reconstruction and repairing of body defects are as follows:

- Breast reconstruction (in mastectomy patients, for example)
- Burn repair surgery
- Scar revision surgery
- Congenital defect repair: cleft lip and palate, extremity defect repair
- Lower extremity reconstruction
- Hand surgery

## PLASTIC SURGERY ABROAD: WHY PEOPLE SEEK COSMETIC SURGERY IN ANOTHER COUNTRY?

Since cosmetic surgery is not covered by insurance, people have to pay a lot out of pocket. The high cost of cosmetic procedures in some countries is beyond the means of many candidates. This is where medical tourism enters the picture as the best way to escape extreme costs and have affordable surgery in another country.

The cost is not the only motivation for traveling abroad to go under the knife. People want to undergo a cosmetic surgery done by proficient and qualified surgeons in order to make sure that they would achieve the best results with minimum risk, thus they head to countries with qualified and experienced doctors to get surgical treatments.

Plastic surgery tourism has become an important part of health tourism in the world. A huge number of people travel abroad annually to get different types of plastic and cosmetic surgery. One of the newly emerged cosmetic surgery destinations currently providing various types of beauty treatments to foreign patients at the lowest prices is Iran.

Among the many types of cosmetic procedures offered to foreign people in Iran, rhinoplasty is the most popular. Bearing the nickname 'nose job capital of the world', the country is home to a great number of highly-qualified nose surgeons performing thousands of nose jobs each year.

Apart from rhinoplasty, other cosmetic surgeries such as breast augmentation, liposuction, blepharoplasty, buttocks augmentation, abdominoplasty, facelift, and other facial procedures are also very popular in Iran.

## WHY IS IRAN A GOOD PLASTIC SURGERY DESTINATION?

There are three main factors that make Iran a great country to get a plastic surgery procedure done in. **Qualified doctors, affordable prices,** and **developed medical facilities** are the main reasons people are willing to travel to the country to get a cosmetic procedure done.

An Iranian specialist in plastic surgery, Dr. Nayani, explains in an interview with Sputnik why Iran is a successful country in plastic surgery. "I must say that Iran is one of the countries where this area is well developed and comparable with the world's leading countries. By the number of operations carried out, Iran is also a leader in this field in comparison with other countries," he said.

### Plastic surgeons in Iran

Iran is home to a great number of plastic surgeons specialized in different fields of plastic surgery. Most Iranian plastic surgeons have memberships in the **Iranian Society of Plastic Surgeons**, which is one of the oldest medical societies in the world established in 1956, as well as other international societies such as the [American Society of Plastic Surgeons](#) and The International Society of Aesthetic Plastic Surgery (ISAPS).

The great proficiency of Iranian plastic and reconstructive surgeons is the result of their many years of training and experience in different fields, including maxillofacial surgery, body contouring surgery, lower body lift, and reconstructive surgery. Iranian plastic surgery specialists have completed specialized fellowships in plastic and reconstructive surgeries at top American, European and Iranian universities and hospitals.

According to Dr. Nayani, "now, thanks to the fact that Iranian doctors have acquired so much experience because of the large number of people

willing to have cosmetic surgery, the quality of surgery in Iran can compete with countries such as the US and the UK.”

### Plastic surgery cost in Iran

The cost of healthcare services in Iran is generally very affordable compared to most countries and plastic surgery is no exception. The low cost of cosmetic procedures in Iran is an added incentive to the willingness of foreigners to choose Iran as their health tourism destination to receive different kinds of plastic surgeries, including rhinoplasty, facial cosmetic procedures, and body contouring surgeries.

In fact, the cost of having a cosmetic surgery done in Iran — including all travel expenses — is a fraction of the cost you have to pay in some countries, including the US, UK, Canada, Australia, Germany, and South Korea. The prices are also much more reasonable than countries like Turkey, India, Thailand, and Malaysia.

After taking into consideration all the costs of your travel to Iran, you still can save between 20% and 80% on your cosmetic surgeries in this country. A quick look at the average prices of cosmetic surgeries in different countries shows that a plastic surgery procedure in Iran, be it a nose job, a breast implants procedure, or a butt augmentation, is an incredible bargain.

### Modern beauty clinics and hospitals in Iran

There are dozens of beauty clinics in Iran offering various kinds of cosmetic procedures. Enjoying **up-to-date medical technologies** and **high-tech equipment**, beauty clinics in Tehran, Mashhad, Shiraz, Kish Island, Tabriz, and Isfahan are prepared to provide beauty-loving people from across the world with the most effective treatments and services.

Not only does Iran possess a great number of well-equipped clinics, but also it boasts many modern hospitals and hospital-hotels that offer medical or health tourism services to people from across the globe at very affordable costs.

Many Iranian hospitals have special departments, called International Patients Department (IPD) which are solely designed and equipped to serve patients from foreign countries. These departments provide patients with VIP services, ranging from facilitation of admission, treatments by the top doctors of the hospitals, hospitalization in special rooms with the highest standards, convenient accommodations (inpatient rooms for patients and their companions), and acceptance of common foreign currencies.

Iran has much to offer to tourists

People traveling to other countries for cosmetic procedures are often willing to take the opportunity to kill two birds with one stone. They want to make use of their trip to visit tourist attractions of the destination country and learn more about the culture and the people.

With a myriad of tourist attractions – historical, cultural, and natural – Iran is a great country to travel. With a rich culture and history, hospitable people, and different climate conditions, Iran never disappoint its visitors. This is yet another reason Iran is an ideal option to consider for your cosmetic surgery trip

## HOW TO GET MY COSMETIC SURGERY DONE IN IRAN?

We are here to help you work it out. Our team of professional patient coordinators is available 24/7 to receive your requests for information about any cosmetic procedure you have in mind and assist you with whatever you need to know.

Fluent in different languages (English, Arabic, Russian, Persian, etc.) they will give you a free quote (price estimate) for your desired procedure, as well as free consultation about the doctors, clinics, hospitals, Our services, etc. They will also provide you with before and after photos of previous patients of different doctors to help you make a wiser decision.

If you decide to go on with planning a trip to Iran for a plastic surgery, We helps you with the arrangement of the trip and treatment, from helping you

with getting a visa and booking a flight before hitting the road to picking you up from the airport, transferring you to the hotel and clinic, and many other services.